

# The First UMKC Health Sciences Wellness Fair In Partnership with the Kansas City Wellness Network

**Saturday, April 4, 2009, 9 a.m. - 3 p.m.**  
**UMKC Health Sciences Campus**  
**2464 Charlotte, KCMO, 64108**  
**27th Street bus line**  
**All services are FREE!**



Students from all four of the health science schools participate in Community Service Day each year. The schools of nursing, dentistry, pharmacy and medicine will come together this year for the first Wellness Fair.

The UMKC Health Sciences Hospital Hill campus and the Kansas City Wellness Network are delighted to provide multiple health screenings to the surrounding community. A variety of services will be provided in the Health Sciences Building on Hospital Hill offering free exams and education on vital health issues and topics. **Please bring a list of all current medications for review.** The sponsors of this event hope to continue this opportunity for free community care in years to come. For more information, call (816) 235-5463.

## Available Services:

- Immunizations
  - Safe sex education
  - Rapid HIV tests
  - Cholesterol screening and education \*
  - Screening for high blood pressure and education
  - Obesity screening and education
  - Osteoporosis screening and calcium intake counseling
  - Diabetes foot exam
  - Blood glucose checks/diabetes screenings\*
  - Diabetes counseling
  - Tools to avoid sun exposure and education on skin cancer/melanoma
  - Education on self breast exam
  - Inhaler use, asthma and lung disease education
  - Smoking cessation
  - Depression Screening
  - Heartburn education
  - Vision Screenings
  - Hearing screenings
  - Adult and Child Dental screenings/exams with Health Care Instruction
  - Education on Medication use and screening for drug related problems
  - Education on medication storage, medication adherence aids
  - Vial of life
  - Education and screening on herbal products
  - Household poisons/poison prevention
  - Full Physical exam for those younger than 18
- \* *Patient must have fasted*



## Contributors

**BlueCross BlueShield of KC**  
**KC Wellness Network**  
**Truman Medical Centers**  
**University Physician Associates**  
**Cover the Uninsured**  
**Carondelet Health**  
**UMKC Health Sciences deans**  
**Kansas City Academy**  
**of Family Physicians**  
**UMKC Student Government Assn.**  
**Kansas City Health Department**  
**Dos Mundos**  
**UMKC Alumni Associations**  
**Vietnamese American Community**  
**of Greater Kansas City (VACKC)**  
**Univision**  
**Fox 4**



BlueCross BlueShield  
of Kansas City

